Pre-Operative Instructions for
Cataract Surgery

Before Surgery:
☐ Arrange for someone to bring you to the surgery center and take you home. Transportation can be provided upon request.
☐ Complete your Medical History Questionnaire
☐ Stop taking aspirin-containing medications or blood thinning medications for 5 days, if possible

3 Days before surgery:
☐ Start using Ofloxacin: 1 drop 4 times a daily
☐ Start using Ketorolac: 1 drop 4 times a daily
☐ Use Ocusoft Lid Scrubs to cleanse the operative lid once in the morning and once in the evening.

Day of surgery:
Food:
☐ DO NOT EAT, DRINK or CHEW anything past midnight

Medications:
☐ Use eye medications (or generic) as prescribed before your surgery
☐ Take regularly prescribed heart or blood pressure medications with a small sip of water the morning of surgery, unless instructed otherwise.
☐ If diabetic, DO NOT use Insulin or take diabetic medications

Attire:
☐ Wear loose-fitting clothing
☐ Wear short sleeve shirt or blouse that buttons down the front
☐ Wear a sweater or jacket that opens in the front
☐ No stockings or panty hose
☐ No jewelry or valuables
☐ No make-up, face cream or body lotions

Bring and keep with you:
☐ All eye medications
☐ Insulin or pills if diabetic
☐ Medical History Questionnaire
☐ Insurance Cards and picture ID

Upon arrival at St. Marks Surgical Center:
☐ Sign-In at the reception desk
☐ Use restroom one last time as it may be inconvenient later
☐ Give all valuables to the person who is with you
☐ Expect to be at the surgery center for 2-3 hours

________________________________        _____________                      ______________________________
Patient Signature                                        Date    Witness Signature