



Pre-Operative Instructions for Cataract Surgery

Before Surgery:

- Arrange for someone to bring you to the surgery center and take you home. Transportation can be provided upon request.
- Complete your Medical History Questionnaire
- Stop taking aspirin-containing medications or blood thinning medications for 5 days, if possible

3 Days before surgery:

- Start using Ofloxacin: 1 drop 4 times a daily
- Start using Ketorolac: 1 drop 4 times a daily
- Use Ocusoft Lid Scrubs to cleanse the operative lid once in the morning and once in the evening.

Day of surgery:

Food:

- DO NOT EAT, DRINK or CHEW** anything past midnight

Medications:

- Use eye medications (or generic) as prescribed before your surgery
- Take regularly prescribed heart or blood pressure medications with a small sip of water the morning of surgery, unless instructed otherwise.
- If diabetic, DO NOT use Insulin or take diabetic medications

Attire:

- Wear loose-fitting clothing
- Wear short sleeve shirt or blouse that buttons down the front
- Wear a sweater or jacket that opens in the front
- No stockings or panty hose
- No jewelry or valuables
- No make-up, face cream or body lotions

Bring and keep with you:

- All eye medications
- Insulin or pills if diabetic
- Medical History Questionnaire
- Insurance Cards and picture ID

Upon arrival at St. Marks Surgical Center:

- Sign-In at the reception desk
- Use restroom one last time as it may be inconvenient later
- Give all valuables to the person who is with you
- Expect to be at the surgery center for 2-3 hours

Patient Signature

Date

Witness Signature